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### **ECO EXTERNAL CAMP 2018**

On the 29th and 30th of June 2018, the Eco-School Committee held its annual Eco External Camp. A total of 63 participants joined, accompanied by 6 teachers. The camp this year was held at Eco Venture Resort in Semenyih. The organising committee of the camp consisted of Ryan Tay (11 Acts) and Tan Guan Yu (11 Isaiah).

At 1.50 pm, all the participants gathered for the registration and we departed on 2 buses. The journey to the resort took around an hour. When we arrived, the participants checked into their dorms. The opening ceremony was then initiated and the participants played some ice-breaker games organized by the committee. Through the ice-breaker games, the participants found their individual groups which were named after endangered animals. There were 5 groups in total, Sea Turtle, Pangolin, Rhinoceros, Tiger and Gorilla. After each participant had found their respective groups, we took part in the Speed Challenge which was organized by the resort. This included activities such as wall-climbing and obstacle courses. It was a very fun activity and everyone got to get over their fears by participating in the challenging courses. At 7 o'clock in the evening, everyone gathered in the canteen to enjoy a barbeque dinner, prepared by the staff at the resort. We sat according to our groups, which gave us time to talk and learn more about each other.

An hour later, the facilitators conducted the Mystery Night event in the Eco Venture Resort hall. The aim of each group was to solve a story involving murder cases by obtaining clues and filling in the holes. Each facilitator was tasked to play certain characters, which would give clues to the participants. There was also a station game which participants could play to help them in solving the cases. When the Mystery Night ended, it was already 12.00 am. Although it was tiring for both the participants and the facilitators, the event went on smoothly. After the event, the tired participants returned to their dorms to rest, while several facilitators stayed to calculate the points earned by each group.

The next morning, everyone woke up at 6.30 am. The participants got ready and at 7.30 am, we gathered in the open field for the morning exercise. Then, we had our breakfast in the canteen, which was followed by an Eco Venture Race that the resort had organized for us. Each team had to search for clues around the resort and complete various tasks. Through this activity, the group members managed to show their teamwork as well as bond with each other. After the duration of an hour, the participants gathered and each group was evaluated to be awarded with

points. The race ended after each group had their points calculated, and the participants returned to their dorms for a short rest. At around 11 in the morning, we proceeded with the following activities which were punching pipes and water polo. All the participants gathered by the swimming pool and the first activity, which was punching pipes, began. Through this activity teamwork amongst teammates was fostered. Next was the water polo games, in which each team played 5-minute matches against each other. At 12.30 pm, we had our lunch. After that, the facilitators started the station games in the resort hall. Points were also awarded based on each group's performance. Finally, at 3.00 pm, was the closing ceremony. Prizes and hampers were awarded to the teams scoring the most points, as well as the best male and female camper. We departed at 4.00 pm and reached the school at 6 in the evening.

All in all, the camp was a success and many participants managed to learn team-building skills and create new friendships. Besides that, they have learnt to appreciate nature more by spending time and carrying out activities out in the nature.

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